



Surrey and Sussex Healthcare  
NHS Trust

# Health and Wellbeing Event

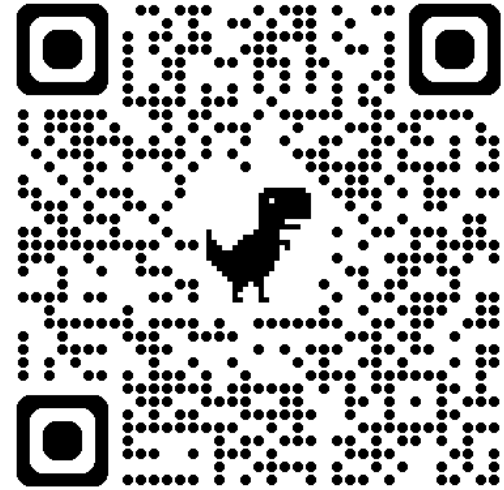
Friday 12<sup>th</sup> July 2024, 10 - 3pm

Support and information for patients living with and beyond cancer and their families: Supported by the SASH Charity Cancer Fund

## Venue:

Dorking Football Club, Meadowbank Stadium,  
Mill Lane, RH4 1DX.

There will be drop in information stands from local charities and support groups. There are also mini trials sessions of complimentary therapies and a taster yoga session.



Donate to the SASH Cancer Fund  
via this QR code or at  
[www.sashcharity.org/appeals/cancerfund](http://www.sashcharity.org/appeals/cancerfund)



For patients, families, and staff at  
East Surrey, Crawley, Horsham Hospitals, and  
across Surrey and Sussex Healthcare NHS Trust

These organisations and charities will be available to advise patients and their families for support and guidance:

- Maggies
- East Surrey Macmillan Cancer Support Centre
- Action for Carers
- Bras at Home
- The Prostate Project
- Breast Cancer Now
- The Brigitte Trust
- The Olive Tree
- Headwrappers
- Healthwatch Surrey
- YMCA East Surrey
- Hair Reborn
- Richmond Fellowship
- Liveyogatherapy
- SASH Charity