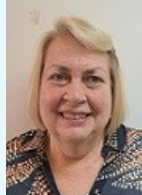


ACS MENTAL HEALTH CARER SUPPORT ADVISERS

Help for unpaid carers supporting someone with
mental health & substance misuse issues

Action for Carer's Mental Health Carer Support Advisors support carers of any age (adult or child) in a family caring for someone with a **mental health condition** or a **history of substance misuse**. They provide free and confidential support, advice and information.

Please refer carers directly to us via www.actionforcarers.org.uk - professional referral form. **Meet our Carer Support Advisers:**



(For adult carers)

Anne Ruby

07855
209806

anne.ruby@
actionforcarers.
org.uk



(For adult carers)

Kim Davis

07866
990711

kim.davis@
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org.uk



(For families with a carer under 18)

Claire Terry

07921
049053

claire.terry@
actionforcarers.
org.uk

These roles are part of a wider Action for Carers Mental Health team, working across Surrey.
Read more about the team here:



Action for Carers Surrey help carers of all ages, across Surrey, with free information, support, advice, events, activities, groups and more.

Helpline 0303 040 1234 **Text** 07723 486730
www.actionforcarers.org.uk



Charity no. 1116714